OUR P.E. CURRICULUM

LEARNING JOURNEY



EXPLORE
DODGING

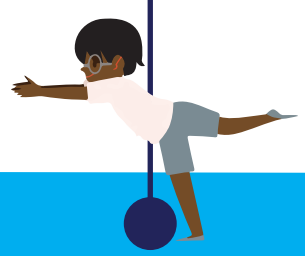
CREATE
CONTRASTING
MOVEMENT
SEQUENCES





EXPLORE
PATHWAYS

CREATE
MOTIFS WITH
EXPRESSION





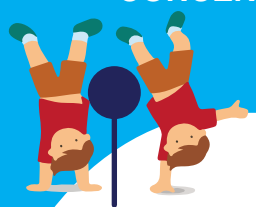
UNDERSTAND
THE TRANSITION
BETWEEN ATTACK
AND DEFENCE

YEAR 3



CONSOLIDATE
THROWING AND
CATCHING

CONCENTRATION

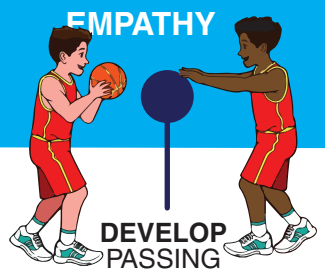


DEVELOP
LINKING
MOVEMENTS
TOGETHER



DEVELOP
KEEPING POSSESSION
(hands and feet)

EMPATHY



DEVELOP
PASSING
AND RECEIVING
(hands and feet)

SELF BELIEF



CONSOLIDATE
JUMPING

EXPLORE
STRATEGIES



YEAR 2



RESPOND
TO A RHYTHM



INTRODUCE
ABCS

GRATITUDE



CREATE
WAYS OF
TRANSITIONING
BETWEEN
MOVEMENTS

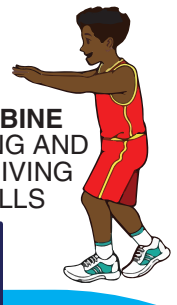
IMAGINATION



DEVELOP
MOVING WITH
A BALL USING
OUR FEET

COURAGE





COMBINE
SENDING AND
RECEIVING
SKILLS

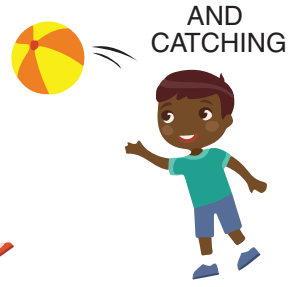


COMBINE
MOVEMENTS
TOGETHER
(wide, narrow,
curled)

APPLY
RUNNING
INTO A GAME







DEVELOP
THROWING
AND
CATCHING



UNDERSTAND
ATTACKING
AND DEFENDING

CREATE
MOVEMENTS WITH
EXPRESSION



INTRODUCE
TEAMWORK AND
BUILDING TRUST

DEVELOP
JUMPING



YEAR 1

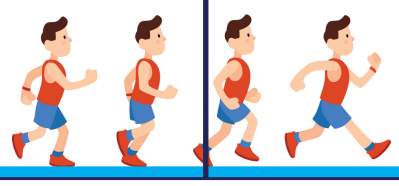


EXPLORE
WALKING IN
DIFFERENT
PATHWAYS



EXPLORE
MOVING AND
MAKING SHAPES

EXPLORE
CREATING OUR OWN
MOVEMENT SEQUENCES



UNDERSTAND
TAKING TURNS,
KEEPING THE SCORE,
PLAYING BY
THE RULES





EXPLORE
THROWING AND
CATCHING

EYFS

Statement: Children will develop their physical development through riding scooters, climbing on apparatus, playground games and ball skills. They will learn to match their physical skills to tasks, and activities in appropriate settings. They will learn to collaborate with others sharing resources. They will develop their stamina and strength as they engage in activities.

- Balance, kicking, throwing
- Ball games
- Gymnastics
- Dance
- Team games

CURIOSITY



EXPLORE
JUMPING
AND HOPPING

FAIRNESS



EXPLORE
PUSHING, ROLLING
AND BOUNCING

HONESTY



EXPLORE
MOVING WITH
A BALL USING
OUR FEET

